

## Record of Training - Safe Handling Procedures for Racks

Employee Name: \_\_\_\_\_

Date of Training: \_\_\_\_\_  
(video and test)

|                                                                                                                                | TRUE | FALSE |
|--------------------------------------------------------------------------------------------------------------------------------|------|-------|
| 1) It is not necessary to determine which side of the rack has the turning wheels, as they are all the same.                   |      |       |
| 2) If a rack is too heavy or awkward to move you should always ask for help in assisting to move it.                           |      |       |
| 3) The proper and safest position to move a rack is to stand to the side of the rack with the turning wheels closest to you.   |      |       |
| 4) When moving a rack into a tight space you should always keep your hand on the 'outside' of the rack.                        |      |       |
| 5) When moving a rack out of position your feet placement is not important.                                                    |      |       |
| Please rate how useful you found this training on a scale of 1 to 5 with 1 being the least useful and 5 being the most useful. |      |       |
| 1    2    3    4    5 (Circle a number)                                                                                        |      |       |
| Please provide any suggestions to improve the training or the safe handling of racks.                                          |      |       |
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\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Supervisor Signature